



NEW MOON SWEATLODGES FOR MEN

The Sweatlodge is a purification ceremony for the body and the spirit. It is an opportunity to connect with the Great Mystery. On our new moon sweatlodge we gather as men to plant seeds for the month and the year ahead. From the time we arrive and work together to prepare the fire and space we are building a powerful container. In our gathering circle we look at where we are in the natural cycle, what's happening in our lives, and at the astrology of the time, and from this develop a theme for the ceremony.

Our thanks go to the sisters who come to support our ceremony and run the fire. There is an open invitation to all men to join our space and use it to manifest their dreams.

VENUE - Unstone Grange. Meet in the Barn.

TIME We meet at 5:30pm to prepare the fire and the lodge. If you are unable to come at that time, come as soon as you can. The later we start, the later we finish! Note if you are new or are bringing new people you need to arrive by 5:30pm.

BRING Two old towels or towel and dressing gown. Two giveaways for the Dance Chief and Fire Chief.

COST - £10 or £5 for Lodge members/concessions/regulars. We are not charging for the ceremony, this energy exchange is covered by the giveaways. The money is for the venue and other costs. Tea and coffee are provided.

DATES - For dates see 'Calendar' page on website - www.centreforshamanicarts.co.uk

CONTACT Pete Spotted Snake Edwards - moonsnake@peec.fsnet.co.uk
or Steve Mahtoweyah Baker - pqrstevebaker@gmail.com

GENERAL INFORMATION ABOUT THE CENTRE FOR SHAMANIC ARTS

www.centreforshamanicarts.co.uk

email - info@centreforshamanicarts.co.uk